

# STATE TECH

## SOCIAL DISTANCE

# B I N G O

1

Use Skype, Face-Time, Google Hangouts or Marco Polo to video chat with your long-distance friends.

Read a book

Organize your junk drawer

Complete an online assignment in Moodle

Connect with grandparents by text, phone, or social media

2

Make a meal instead of going out

Make a positive song playlist and share it

Play a video game online with friends

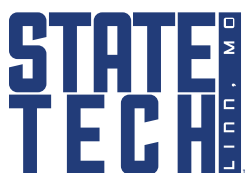
Take a virtual field trip to a US National Park [national parks in the U.S.](#)

Binge watch a show, record a video review for social media

3

Use hand sanitizer with at least 60% alcohol

Put together a puzzle



Avoid touching your eyes, nose, and mouth for 30 seconds

Take your dog for a walk

4

Log on to Moodle

Wash hands for 20 seconds

Do a workout from home from our Activity Center staff

Visit a live cam on [www.explore.org](http://www.explore.org) and share on social media

Check your State Tech e-mail

5

Visit the Monterey Bay Aquarium webcams [10 live webcams at the Monterey Bay Aquarium](#)

Clean and disinfect [frequently touched surfaces](#) daily

Play a board game

Take a nap

Visit the Surface of Mars [visit the surface of Mars](#)