

**State Technical College of Missouri - Activity Center
Fitness Class Staff Schedule - September 2017**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 12:15-12:45 CX CANCEL	2 8:00-9:15 BP Stephanie
3	4 Labor Day Facility Closed	5 6:00 PiYo CANCELLED 12:00 PiYo CANCELLED 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:15 CX Matt	6 6:00-6:30 am CX Amy 8am Mod. PiYo CANCEL 12:00-1:00 BP Matt 4:45-5:45 BP Amy 6:00-7:00 PiYo Kara	7 6:00 PiYo CANCELLED 12:00 PiYo CANCELLED 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:45 BP/CX Steph	8 12:15-12:45 CX Matt	9 8:00-9:15 BP Stephanie
10	11 6:00-6:30 am CX Amy 12:00-1:00 BP Matt 4:30-5:15 Mod. PiYo Carla 5:45-6:45 PiYo Carla 7:00-8:00 BP Stephanie	12 6:00-7:00 am PiYo Carla 12:00-1:00 PiYo Carla 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:15 CX Matt	13 6:00-6:30 am CX Amy 8am Mod. PiYo Carla 12:00-1:00 BP Matt 4:45-5:45 BP Amy 6:00-7:00 PiYo Carla	14* 6:00-7:00 am PiYo Carla 12-12:45 S&S Yoga Carla 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:45 BP/CX Steph	15 12:15-12:45 CX Matt	16 8:00-9:15 BP Amy
17	18 6:00-6:30 am CX Stephanie 12:00-1:00 BP CANCEL 4:30-5:15 Mod. PiYo Carla 5:45-6:45 PiYo Carla 7:00-8:00 BP Stephanie	19 6:00-7:00 am PiYo Carla 12:00-1:00 PiYo Carla 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:15 CX Matt	20 6:00-6:30 am CX Stephanie 8-9am Mod. PiYo Carla 12:00-1:00 BP Matt 4:45-5:45 BP Amy 6:00-7:00 PiYo Carla	21 6:00-7:00 am PiYo Carla 12-12:45 S&S Yoga Carla 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:45 BP/CX Steph	22 12:15-12:45 CX Matt	23 8:00-9:15 BP Amy
24	25** 6:00-6:30 am CX Amy 12:00-1:00 BP Matt 4:30-5:15 Mod. PiYo Carla 5:45-6:45 PiYo Carla 7:00-8:00 BP Stephanie	26 6:00-7:00 am PiYo Carla 12:00-1:00 PiYo Carla 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:15 CX Matt	27 6:00-6:30 am CX Amy 8am Mod. PiYo CANCEL 12:00-1:00 BP Matt 4:45-5:45 BP Amy 6:00-7:00 PiYo Carla	28 6:00-7:00 am PiYo Carla 12-12:45 S&S Yoga Carla 4:30-5:15 BC Matt 5:45-6:30 BC Matt 6:45-7:45 BP/CX Steph	29 12:15-12:45 CX Matt	30 8:00-9:15 BP Stephanie

*Time Sheets Due **Payday